

# Are you or a loved one suffering from PTSD?

If you are a veteran or first responder and suffer from PTSD, you may be eligible to participate in a research study.

## Purpose

We are examining the efficacy of a mobile application that may assist in the treatment of PTSD-related insomnia.

Participants will receive:

- \$25 Amazon gift card

## Location

- UCF Main Campus: 4111 Pictor Lane, Bldg. 99, Suite 203, Orlando FL 32816 **OR**
- UCF Connect Cocoa Center/Eastern Florida State College: 1519 Clearlake Rd., Bldg. 3, Suite 279, Cocoa FL 32922
- Either location based on your preference!

## Are you eligible?

- Must be 18 years old or older
- Must be a first responder or military veteran experiencing PTSD symptoms
- Must work 9:00AM-5:00PM (i.e., no shift work)

## Total time of participation:

You will be screened for eligibility through an initial phone call. If you meet the eligibility requirements, you will be asked to come in for a 2-hour assessment. Afterwards, you will interact with a mobile application from home daily for 30 days. At the end of the 30 days, you will attend a final screening session lasting 2.5 hours.

**For more information, please call:**

**(407) 823-3910**



### PTSD Study

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